

CHECKLIST

BEFORE THE SHOOT

All participants should get plenty of sleep in order to be in top shape for the 36h of film production.

SUSTAINABILITY

Please make sure to  work in an environmentally friendly & resource-saving way during the production.

THE SHOOT

On Saturday at 10:00 am, a theme and subject will be announced on our homepage www.instant36.at, on instagram www.instagram.com/instant36.at/ and by e-mail.

From then on you have 36 hours to produce your film. The film must deal with the topic and clearly show the given object in at least one scene.

On the following Sunday, at the latest at 21:00 o'clock CET you must have sent us your film via download-link in your e-mail!

If you are too late, we will not be able to accept your film, so don't forget to take into account the time your editing program will need to export your film.

DISCLAIMER

No room for AI — it's about your imagination, your style, and your madness that count!

Instant36 is a competition that celebrates the craft of filmmaking. The challenge is to complete an entire film shoot, including pre- and post-production, under time pressure. To make the competition fair for everyone, we ask that you refrain from using any AI-generated content (images, video, audio, or text) in this year's Instant36. Films that have been created or significantly influenced by artificial intelligence are therefore excluded from the competition!

POST-PRODUCTION

Important!

PLEASE MAKE SURE THAT YOU ONLY USE IMAGES AND SOUND MATERIAL FOR WHICH YOU OWN THE RIGHTS OR USE MUSIC WITH A SUITABLE CREATIVE COMMONS LICENSE! YOU CAN FIND MORE INFORMATION HERE:

www.creativecommons.org/legalmusicforvideos

THE SUBMISSION

The best way to send us the link to your film is via www.wetransfer.com or www.wesendit.com.

The time when we get the working download link to office@instant36.at is valid. WeTransfer will send the link only after the upload is complete, so please plan enough time for the upload! If you submit online, please send the submission form and the film still by mail to office@instant36.at.

Subject: INSTANT36 Einreichung von "TEAMNAME"

CHECKLIST

DELIVERABLES

Movie duration: max. 5 Minutes!
Filename: "TEAMNAME_TITLE"
Resolution: HD 1080p or 720p. >> **NO:** 2k, WQHD oder 4k
Framerate: **25 fps (important)**
Container: .mov, .mp4
Codec: ProResHQ, H.264, H.265
Data rate (optional for fast Upload): min. 5 Mbit/s

SCREENSHOT (THUMBNAIL)

Resolution: 1920x1080 (or 1280x720) min. 72dpi
Format: JPEG (Max. 1,9 MB)

Please note:

The listed criteria are to be understood as a recommendation for a smooth exchange, all other formats at your own responsibility!

TECHNICAL HELP

To do this, you can simply write to us via email or on Instagram.

BEFORE THE SCREENING

All films will be collected, screened and shown to the preliminary jury. The jury will then decide which films will be shown to the main jury and the audience at the main screening in Salzburg. We will announce which films will be shown at the screening on December 13th 2025 at SZENE-Salzburg at the latest 2 weeks before the festival evening.

SCREENING EVENT

The big screening at the SZENE Salzburg is on December 13th, where a renowned jury will decide on the winners and the audience will also choose a winner. In addition to the screening at SZENE Salzburg there will be a livestream on the [ARGEkultur Homepage](#).

The program for the evening and further information can be found on the website or Facebook. After the main screening in Salzburg, there may be further screenings in other cities or various specials with the submitted movies at partner festivals and broadcasters.

For questions or more info please write to **office@instant36.at** or visit **www.instant36.at**.

Good Luck!